

*The instruction of the Lord is perfect, renewing one's life; the testimony of the Lord is trustworthy, making the inexperienced wise."*  
Psalms 19:7



## This week's flavours..

- Family resolutions
- Movie: The Lost Medallion
- Read Aloud Bible Stories
- Grandparent Connect: send a letter

Volume One - Issue 1

# the macaron APPROACH



Relax with a cup of coffee and enjoy these sweet ideas to enrich your family life...

*The Macaron Approach shares snack-sized ideas, resources and inspiration to encourage you in your vital role of parenting your children. Some ideas will make you laugh; some may make you cry; they will challenge you and make you think. But hopefully, they will provide ideas for spending meaningful time with your kids, develop parenting skills and help you cultivate roots of faith in the lives of your children.*



### Family Ideas



### Media



### Resources

Information provided within this newsletter is for education and interest only- not as an endorsement of any product.

Make family a priority this year with 5 new year resolutions to strengthen your family:

#### 1. Eat dinner as a family

Studies show that your kids will be healthier, happier and do better at their studies. Turn off the TV while you eat, too.

#### 2. Plan a weekly activity night

It doesn't have to be complicated- play board games, go out for ice-cream, play Wii together..

#### 3. Nurture your marriage relationship

This one is a given but shouldn't be overlooked.

#### 4. Make each child feel special

#### 5. Be quick to apologise & quick to forgive

Don't just read these ideas and forget them. Resolutions are more likely to be kept if they are written down and reviewed regularly.

Pin them on your refrigerator.



### The Lost Medallion

PG Adventure/ Family/ Fantasy

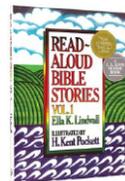
A man who stops into a foster home to

drop off some donations soon tells the kids a story about two teenage friends who uncover a long-lost medallion that transports them back in time.

REVIEW: This flick for older kids (9yrs and up) is full-on action and does indeed have some solid things to say about facing your fears, making good friends and taking steps to shape your future. It even speaks of God's love and hand in our lives. There are a few villainous tense moments in the mix, but the overall outcome is fun. (PluggedIn)

Watch this one together as a family.

All kids need the basics of life. But to thrive, they also need to feel loved & secure.



Looking for a Bible storybook for your little ones? The **Read Aloud Bible Stories** volumes are award-winning classics with big, bright illustrations

and short simple texts that appeal to toddlers through to early school-age kids.



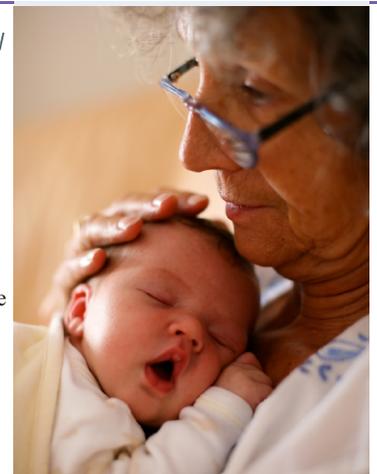
### TinyBeans app

Capture the moments that make every day special. Create a free photo journal and share easily with family and friends.

More information here:



"A family is a place where principles are hammered and honed on the anvil of everyday living." -



### Grandparent Connect

*Creative ideas to help you connect with your grandchildren:*

There's something special about receiving something by mail. And whether you live with your grandchildren, close by or separated by many kilometres, you can add some excitement to their lives by sending a regular letter to your grandchild.

It may be just a postcard but you might like to include some special stickers or a photo you can share. Using special stationery adds appeal and you could draw a funny face or a stick figure on the back of the envelope for a bit of fun.

*It doesn't take much time but it will be something they will anticipate with excitement.*

Scan any QR Codes with your smartphone for more information.

