

Activity booklet

FREE

Things to do with your grandkids

Grandparents Day



Grandparents Day - **2012**



COOK A RECIPE TOGETHER



It can be as simple as pancakes or scones with jam and cream but kids love to be involved in the kitchen. If you're not a confident cook, take a look at some of the recipe books by Annabel Karmel. Her recipe creations for kids are simple and a lot of fun: check out her website or download her recipe app for kids and start cooking.

VISIT A PARK WITH YOUR GRANDKIDS



It sounds simple, but it's one of the outings that kids regularly list as fun places to go with your grandparents. Go and feed ducks, throw a ball together or just have fun on the swings.

LEARN SOMETHING NEW TOGETHER



Make some memories with your grandkids as you work together on a new project. If you're lacking ideas, why not check out the Australian Geographic store or visit online and find out how much fun science can be: construct a yacht compass, create a magnetic sculpture, build and paint a bird feeder or observe the world of ants with an ant jungle.

MAKE A MEMORY BAG OR BOX



Choose an attractive bag or box and fill it with interesting memorabilia (concert tickets, old photos, timetables, postcards) or interesting little gadgets you may come across. Whenever the grand-kids need a distraction or to fill in some time, bring out your special Memory Bag.

SHARE YOUR STORY



Kids love a story, whether it comes from a book or it's your own. Open up a conversation with your grandchildren by asking questions and sharing something about yourself. Buy a box of Conversation Starters to get you going: if you were a superhero what superpower would you like? What would be a good flavour for toothpaste?

READ TO YOUR GRANDCHILD



It doesn't matter how old your grandchildren may be, they all love to be read to. There are plenty of online lists available to help you choose an age-appropriate book. Visit your local library and start reading. You'll find they will soon be begging you to 'read some more!'

TREASURE HUNT



Hide some small treasures and give the kids a map to find them. Make it harder for the older ones by devising cryptic clues and you'll have them happily busy for hours.

ICE-CREAM FOR BREAKFAST



One of the wonderful things about being a grandparent is doing spontaneous, unexpected things with your grandkids. Think outside the box. Have ice-cream for breakfast, fill a huge box with balloons and crawl through, drag out the water slide and add jelly.

BLOW BUBBLES



What is it with bubbles? Everyone loves them. Whether you keep handy a small bottle of bubble blowing mix or invest in some of the super-sized bubble wands, it's sure to please. There are even some bubble products that stick to your finger.

ARTISTIC FUN



Research has shown that, not only is painting a lot of fun, it has great therapeutic value. Give kids a box of paint or some crayons and ask them to draw your portrait while you do one for them. If you don't the mess of paints, download a painting app.

With Compliments

More information & ideas for grandparents: www.newchapter.com.au

